

### Corporal Works of Mercy for the Mission Church

- ❑ Avoid wasting food. Pray for those who do not have enough to eat around the world.
- ❑ Pick one day of the week to drink only water for a liquid. Offer that sacrifice to Jesus for all the children who do not have clean and fresh water resources.
- ❑ Give up eating your favorite desert and snack for a day. Donate the money to help children in Mission Countries who some days have nothing to eat.
- ❑ Teachers, have a simple daily fundraising activity that collects funds from your students and then donate those funds to MCA or the World Mission Sunday Collection which helps feed and clothe children around the world.
- ❑ Pray for protection and safety for those who are fleeing their homes and countries – Syrians, Iraqis, Middle Eastern Refugees – due to violence and persecution.
- ❑ Make a small sacrifice of sleeping on your bedroom floor one night and offer that sacrifice to Jesus for all the people living in difficult and inhumane living conditions.
- ❑ Take a cold shower or use minimal water for a day and offer this sacrifice to Jesus for all the people who do not have electricity or running water in their homes.
- ❑ Give up buying a new toy, game or clothing item. Donate that money to an organization that supports the Mission Church.
- ❑ Teachers, offer to students a day where they can take off their shoes during your class for a small donation remembering all the children who do not wear shoes because they cannot afford them or they do not have them. Donate that money to MCA or the Mission Church.
- ❑ Pray for children and the young who are captured and forced into joining terrorist groups or converting faiths.
- ❑ Pray for children around the world to have proper access to health care.
- ❑ Pray for those who are imprisoned in other countries due to violence, war, religious persecution and cultural racism.
- ❑ Pray a World Mission Rosary for all those who have lost their lives in other countries due to war, persecution, and natural disasters.



## Spiritual Works of Mercy for the Mission Church

Advising Others  
Instructing the Ignorant  
Consoling the Doubtful  
Comforting the Sorrowful  
Bearing Wrongs Patiently  
Forgiving all Injuries  
Praying for the Living and the Dead.

- Be courageous yet compassionate in calling people and institutions to respect other cultures and values.
- Respond to negative and prejudicial comments with positive statements.
- Learn about the Mission Church and other cultures. Share your knowledge with friends and others.
- Read and listen to good stories about the Mission Church and Missionaries.
- Learn some simple phrases in another language.
- Pray for more missionaries to go out and preach the Gospel to those whom have never heard it.
- Help others to see those in other cultures and faiths as our brothers and sisters.
- Pray for missionaries to not lose hope and to persevere in their work for the Mission Church.
- Pray for Christians who are being persecuted for their faith to be strengthened with perseverance and courage.
- Reach out to a new person in your school or community who is from a different culture, tradition, or country.
- Pray for living and deceased Missionaries.
- Pray for terrorists to see the evil of their ways and be converted from violence to peace.
- Pray for those who are persecuting others around the world to have a change of heart and find Jesus.
- Pray for the poor, orphans, widows and less vulnerable members of the Mission Church.

